

My life's goal

"Building better habits."

Manifesto: Atomic Habits by James Clear

I read atomic habits. I got motivated and started to make small changes in my habits. Those changes instantly made my life better than ever. I realize that I have an ambition of being free, but that ambition can only be fulfilled with better habits. Thus, I should build better habits and freedom shall come to me on its own.

So, I shall build better habits from now on.